Marcus Whitfield, PT, DPT, OCS

marcus.whitfield@email.com · (615) 555-0119 · Nashville, TN · linkedin.com/in/marcuswhitfieldpt

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Vanderbilt Orthopaedics, Sports Medicine Physical Therapy
Nashville, TN

Re: Physical Therapist, Outpatient Sports Medicine

Dear Hiring Manager,

Most of the ACL reconstruction patients I discharge are high school and college athletes, and several have come to me after surgery at Vanderbilt. Your posting for a sports medicine therapist who can own return-to-sport testing is the work I have been building toward for five years.

At Results Physiotherapy I treat 11 to 13 patients a day and carry a caseload of about 55, mostly post-op knee and shoulder, spine, and running injuries. With two local orthopedic surgeons I put together a return-to-sport battery that combines hop tests, handheld dynamometry and the ACL-RSI, so clearance decisions rest on numbers the surgeon and the athlete can both see. I track outcomes in WebPT, and my knee patients discharged in 2025 improved a median 24 points on the LEFS.

I earned the OCS in 2024 and have supervised two DPT students as an APTA Credentialed Clinical Instructor. My first two years were in acute care at TriStar Skyline, where I learned to screen carefully, and that habit carries into direct access evaluations; I referred three patients to physicians last year for red-flag findings.

I would welcome the chance to observe a clinic day or talk through how your team runs return-to-sport clearance with the surgeons.

Sincerely,

Marcus Whitfield, PT, DPT, OCS