Aaliyah Grant

Certified Nursing Assistant (CNA) · Long-Term Care and Memory Care

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SUMMARY

Tennessee CNA with 2 years in a skilled nursing facility, caring for 10 to 12 long-term residents per day shift and picking up memory care shifts. Charts ADLs in PointClickCare Point of Care and reports changes in condition with Stop and Watch. Before certification, a year as an in-home caregiver.

EXPERIENCE

Certified Nursing Assistant · Parkway Health and Rehabilitation — Oct 2024 – Present

Memphis, TN

- Cared for 10 to 12 residents per day shift on a 44-bed long-term care hall: bathing, dressing, toileting, feeding assistance, and turns every 2 hours.
- Transferred residents with Hoyer and sit-to-stand lifts using two-person technique, with no transfer injuries on my assignments in 2 years.
- Charted ADLs, meal intake percentages, and bowel and bladder output in PointClickCare Point of Care before leaving every shift.
- Flagged new confusion and poor fluid intake in a resident on a Stop and Watch form; the nurse's assessment led to early UTI treatment.
- Took vitals and weekly weights for my hall, including daily weights for 2 residents with heart failure, and reported out-of-range results to the nurse.
- Picked up 2 extra shifts a month on the 18-bed secured memory care unit after completing CMS Hand in Hand dementia training.

In-Home Caregiver · Caring Hands Home Care — Jun 2023 – Aug 2024

Memphis, TN

- Visited 4 clients each week for bathing, meal prep, light housekeeping, and medication reminders, working 25 to 30 hours a week.
- Clocked every visit through the TennCare electronic visit verification (EVV) app and left short visit notes for families and case managers.

EDUCATION

Certified Nursing Assistant Program (state-approved) · Southwest Tennessee Community College — Sep 2024

High School Diploma · Whitehaven High School — May 2023

SKILLS

Resident care: ADLs, Hoyer and sit-to-stand lifts, Gait belt transfers, Vital signs, Intake and output, Catheter and incontinence care, Feeding assistance and aspiration precautions

Documentation: PointClickCare Point of Care, INTERACT Stop and Watch, EVV

Dementia care: Redirection, Consistent routines, Sundowning support

CERTIFICATIONS

Certified Nursing Assistant, Tennessee Nurse Aide Registry (active) · BLS, American Heart Association · CMS Hand in Hand Dementia Care Training