Marcus Whitfield

Physical Therapist, PT, DPT, OCS · Outpatient Orthopedics

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SUMMARY

Board-certified orthopedic clinical specialist with 7 years of practice, 5 in outpatient orthopedics after 2 years of acute care. Treats post-op knee and shoulder, spine and running injuries, and runs return-to-sport testing for ACL reconstruction patients.

EXPERIENCE

Physical Therapist · Results Physiotherapy — Jun 2021 – Present

Nashville, TN

- Treated 11 to 13 patients a day in 1:1 visits with a caseload of about 55, split across post-op, spine and sports injuries.
- Evaluated 6 to 8 new patients a week, many under Tennessee direct access; referred 3 in 2025 to physicians for red-flag findings.
- Built an ACL reconstruction return-to-sport battery (hop tests, handheld dynamometry, ACL-RSI) with two local orthopedic surgeons.
- Tracked LEFS, ODI and QuickDASH in WebPT; knee patients discharged in 2025 gained a median 24 points on the LEFS.
- Kept cancel and no-show rates at 6% against a 10% clinic target by scheduling the full plan of care at evaluation.
- Supervised 2 DPT students through 10-week clinical rotations as an APTA Credentialed Clinical Instructor.

Physical Therapist, Acute Care · TriStar Skyline Medical Center — Jul 2019 – May 2021

Nashville, TN

- Saw 9 to 11 patients a day on orthopedic, neuro and step-down units, including day-of-surgery mobility after hip and knee arthroplasty.
- Recommended discharge destination (home, home health, SNF or inpatient rehab) for each patient at daily interdisciplinary rounds.

EDUCATION

Doctor of Physical Therapy (DPT) · Belmont University — May 2019

B.S. Exercise Science · Middle Tennessee State University — May 2016

SKILLS

Clinical: Orthopedic evaluation, Manual therapy and joint mobilization, Post-op ACL, rotator cuff and TKA rehab, Return-to-sport testing, Therapeutic exercise prescription, Gait analysis

Outcome measures: LEFS, ODI, QuickDASH, NPRS, Y-Balance Test

Systems and billing: WebPT, Epic, CPT and 8-minute rule, Medicare plan-of-care certification

CERTIFICATIONS

Physical Therapist License, Tennessee Board of Physical Therapy · National Physical Therapy Examination (NPTE), FSBPT, 2019 · Orthopaedic Clinical Specialist (OCS), ABPTS, 2024 · APTA Credentialed Clinical Instructor · BLS Provider, American Heart Association